



DEPARTMENT OF THE ARMY
US ARMY INSTALLATION MANAGEMENT COMMAND
HEADQUARTERS, UNITED STATES ARMY GARRISON, JAPAN
UNIT 45006
APO AREA PACIFIC 96343-5006

REPLY TO
ATTENTION OF
IMPC-JA-MWA

7 January 2008

ARMY FAMILY TEAM BUILDING (AFTB)
“Connecting Families to the Army...one class at a time”

MISSION: To educate and empower members of the Military community to develop skills and behaviors that strengthen self-reliance, promote retention and enhance readiness.

VISION: Providing proactive, forward-thinking support for today’s Families and ensuring the strength of tomorrow’s Army.

Army Family Team Building is a Family training and readiness program that provides participants with an understanding of Army culture, and the skills and resources they need to become self-reliant, self-sufficient members of the military community.

AFTB teaches soldiers that the more informed their spouses are about the military, the better their chances for a successful career.

The purpose of AFTB is to assist members of the Army to adapt to Army life, manage change and accept challenges.

Soldiers confident in the self-reliance of their Families are more ready to fulfill their tactical mission. Standardized, sequential AFTB training provides Family members with the information, knowledge and skills to gain that self-reliance.

AFTB is a volunteer program, designed and developed by the very people it is intended to serve.

Commanders are responsible for creating an environment in which Family members are equal partners in the design, development, implementation and evaluation of the AFTB program.

AFTB is a Family training and readiness program that provides participants with an understanding of Army culture and the skills and resources they need to become self-reliant, self-sufficient members of the military community.

There are three levels of training in AFTB, all based solely on an individual’s experience in the Army. Level I is for Family members with 0-5 years of experience, Level II for Family members with 5-10 years experience, and Level III for Family members with 10 or more years experience.

The AFTB curriculum consists of over 34 modules of instruction taught by Family instructors to other Family members.

AFTB enhances retention because Families learn what the Army offers, what to expect from the Army culture, and how to become part of the larger Army Family. This knowledge helps establish a sense of belonging, and has a positive influence on the soldier's decision to Reenlist.

AFTB was officially established in 1994, following lessons learned in the Gulf War on the importance of educating Family members about the Army.

Contact your Army Family Team Building Program Manager:
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